

PPE- Putting on and Taking off Full PPE

Putting on Full PPE

1. Clean hands
2. Put on gown
 - ▶ Tie neck and waist ties securely
3. Put on mask
 - ▶ Make sure the mask is secure and placed over your nose and under your chin
 - ▶ Ensure that the top of the mask is moulded over the bridge of your nose
4. Put on eye protection
5. Put on gloves
 - ▶ Make sure your gloves fit securely over the wrist cuffs of your gown

Taking off Full PPE

1. Take off gloves properly
 - ▶ Throw them out in the garbage
2. Take off gown
 - ▶ Untie the gown
 - ▶ Starting with carefully pulling the inner front of the neck area, roll the gown off of your body and roll it into a bundle
 - ▶ Throw it out in the garbage
3. Clean hands
4. Take off eye protection
 - ▶ Handle eye protection from the sides when removing
5. Take off mask
 - ▶ Handle mask from the ear loops or straps
 - ▶ Throw it out in the garbage
6. Clean hands